

# ALL SAINTS' EPISCOPAL CHURCH

San Diego, California



## THE SIXTH SUNDAY AFTER PENTECOST

July 5th, 2026  
10:00 AM | Mass

Welcome to All Saints' Mass in our church or by live-stream, especially if you are a newcomer or visitor! When you get the chance, please help us to get to know you by introducing yourself to our rector, Fr. Carlos Expósito.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



THE FLOWERS ON THE HIGH ALTAR  
are offered in the  
GLORY OF GOD

## ON THE COVER

**Vision of Margaret Mary Alacoque, nun of the Visitation (1863)**  
Armand Cambon (1819-1885)

*“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”*”

Matthew 11

# ALL SAINTS' MISSION STATEMENT

“Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation.”

## OUR VISION

“We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ’s love for us all.”

## OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

**CELEBRANT:** The Rev. Carlos E. Expósito, Rector

**MASS SETTING:** Healey Willan

## ORGAN PRELUDE

Concerto I (First Movement)

J.S. Bach

# PROCESSIONAL HYMN — *Please stand*

## St. James

1 Thou art the Way, to thee a - lone from sin and death we flee;  
2 Thou art the Truth, thy word a - lone true wis - dom can im - part;  
3 Thou art the Life, the rend - ing tomb pro - claims thy con - quering arm;  
4 Thou art the Way, the Truth, the Life: grant us that way to know,

and all who would the Fa - ther seek, must seek him, Lord, by thee.  
thou on - ly canst in - form the mind and pu - ri - fy the heart.  
and those who put their trust in thee nor death nor hell shall harm.  
that truth to keep, that life to win, whose joys e - ter - nal flow.

Words: George Washington Doane (1799–1859), alt.

Music: *St. James*, Raphael Courteville (d. 1735)

## THE SALUTATION AND COLLECT FOR PURITY

Blessed be God: Father, Son, and Holy Spirit. +

All: **And blessed be His kingdom, now and for ever. Amen.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: ***Amen.***

# THE PENITENTIAL RITE — *Please kneel*

Let us humbly confess our sins unto Almighty God.  
Most merciful God,

*All:*    **We confess that we have sinned against thee  
          in thought, word, and deed,  
          by what we have done, and by what we have left undone.**

**We have not loved thee with our whole heart;  
We have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.**

**For the sake of thy Son, Jesus Christ,  
          have mercy on us and forgive us;  
          that we may delight in thy will, and walk in thy ways,  
          to the glory of thy Name.**

*Amen.*

*The Celebrant pronounces the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

*All:*    *Amen.*

# KYRIE (Hymnal #710)

*All sing:*        **LORD, have mercy upon us.  
                      Christ, have mercy upon us.  
                      LORD, have mercy upon us.**

# GLORIA IN EXCELSIS (Hymnal #713) — Please stand

Glory be to God on high,  
*All sing:* And on earth peace, good will towards men.  
We praise thee, we bless thee,  
we worship thee, we glorify thee,  
we give thanks to thee for thy great glory,  
O LORD God, heavenly King, God the Father Almighty.  
O LORD, the only begotten Son, Jesus Christ;  
O LORD God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art Holy;  
Thou only art the LORD;  
Thou only, O Christ,  
with the Holy Ghost,  
art most high + in the glory of God the Father. *Amen.*

## THE COLLECT OF THE DAY

The LORD be with you.  
*All:* And with thy spirit.  
Let us pray.  
O God, who hast taught us to keep all thy commandments  
by loving thee and our neighbor: Grant us the grace of thy  
Holy Spirit, that we may be devoted to thee with our whole  
heart, and united to one another with pure affection;  
through Jesus Christ our Lord, who liveth and reigneth with  
thee and the same Spirit, one God, for ever and ever.  
*All:* *Amen.*

**FIRST READING** Zechariah 9:9–12 — *Please be seated*

A Reading from the Book of Zechariah.

Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;  
triumphant and victorious is he,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim  
and the war horse from Jerusalem;  
and the battle bow shall be cut off,  
and he shall command peace to the nations;  
his dominion shall be from sea to sea,  
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.

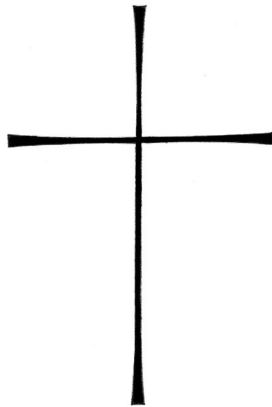
Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

The Word of the LORD.

*All:*     **Thanks be to God.**

**THE PSALM** Psalm 145:8-15 — *Sung by the choir*

- 8 The LORD is gracious and full of compassion, \*  
slow to anger and of great kindness.
- 9 The LORD is loving to everyone \*  
and His compassion is over all His works.
- 10 All your works praise you, O LORD, \*  
and your faithful servants bless you.
- 11 They make known the glory of your kingdom \*  
and speak of your power;
- 12 That the peoples may know of your power \*  
and the glorious splendor of your kingdom.
- 13 Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.
- 14 The LORD is faithful in all His words \*  
and merciful in all His deeds.
- 15 The LORD upholds all those who fall; \*  
He lifts up those who are bowed down.



## SECOND READING   Romans 7:15–25a

A Reading from Paul's Letter to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

The Word of the LORD.

All:   **Thanks be to God.**

## GOSPEL ACCLAMATION — *Please stand*

Alleluia, Alleluia, Alleluia!

All sing:   **Alleluia, Alleluia, Alleluia!**

Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones  
the mysteries of the kingdom.

All sing:   **Alleluia, Alleluia, Alleluia!**

# THE HOLY GOSPEL Matthew 11:16-19, 25-30

The LORD be with you.

All: **And with thy spirit.**

+The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: **Glory be to thee, O LORD.**

Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

'We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.'

For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of Heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal Him.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the LORD.

All: **Praise be to thee, O Christ.**

## SERMON — *Please be seated*

Fr. Carlos E. Expósito

# NICENE CREED *(Hymnal #759) — Please stand*

I believe in one God,

*All sing:* the Father Almighty,

maker of heaven and earth,  
and of all things visible and invisible.

And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,

*(Kneel for next 3 lines)*

*and was incarnate by the Holy Ghost  
of the Virgin Mary,  
and was made man;*

and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.

And I believe in the Holy Ghost, the LORD, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshipped  
and glorified;  
Who spake by the Prophets.

And I believe one Holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
+ and the life of the world to come. *Amen.*

# PRAYERS OF THE PEOPLE — *Please kneel*

*Celebrant:* Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit. We commend to the LORD all those who are displaced or suffering from storms, fire, hunger, or conflict across the world. We also ask the LORD for safety and peace throughout Cuba, Iran, and especially in Venezuela, which has recently been struck by two massive earthquakes.

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

We pray for thy Holy Catholic Church throughout the world. We pray for the peace of Jerusalem; the Anglican Communion, Sarah, Archbishop of Canterbury; for Sean, Presiding Bishop, Susan, the fifth Bishop of San Diego; for Carlos, our rector, and his family; for our sister parish, St. Thomas the Apostle, Hollywood, and Canon Ian Davies, Rector. Today, we pray for the Anglican Church of South America, and for the clergy and people of St. Francis, Pauma Valley.

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for peace throughout the world, especially in Eastern Europe, the Middle-East, and the nations of Central Africa. We pray for Donald, our President, Gavin our Governor, and all those in authority.

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Kyle, Ethan, Caelan, Noah, Tua, Jordan, and Cole. We also pray for the officers, crew, and families of the Maritime Expeditionary Security Squadron 3, Imperial Beach .

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

We pray for the city of San Diego, and all who live and work in this neighborhood of Hillcrest, especially our incoming neighbors and the Montessori School in our education building; for all those who are unemployed or homeless; for our own families, and for our Parish family, that we may grow in faith and love. We pray for the director, staff, and families of Colmena Academy.

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

LORD, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for all prisoners and captives; and your blessing upon all those who have asked for our prayers, privately, especially those suffering from addictions, their friends and families; and for those whose names are attached to the prayer chain on the chancel entrance wall.

We especially pray today for: Elaine, Maureen, Louise, Carson, George, Sydnee, Briana, Christian, Ruby, Verna, Antonio, Robert, David, Tanya, Tony, Twyla, Monique, Ellen, Susan, Tiante, Joe, Amadeus, Matthew, Deborah, Jennie, Jack, Delaney, Michelle, Hunter, Fr. Gaylord, Norma J., Pat, Lois, Jo-Darlene, Norma L., Kaeliana, Wayne, Ellie, Eric, Donna, Shawntay, Alexis, Georgia, Kay, Laura, John D., Jim, Kelly, Joaquim, and Karl.

*Litanist:* LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for the souls of the faithful departed: for those who have died recently, and for those whose anniversaries occur at this time: Lela Richburg, Augustus E. Richmond, Jessie Gasaway, (Retired Capt.) John Irons, Olive C. McCulley, Maude Griffin, Jeanette Kupersavage, Terrie Middelton, and Abigail Luker.

*Litanist:* Rest eternal grant to them O LORD +

*People:* **And let light perpetual shine upon them.**

Father, we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

*At this time, additional petitions and thanksgivings may be said quietly or silently.*

*Celebrant:* LORD in thy mercy. *People:* **Hear our prayer.**

*The celebrant concludes the Prayers.*

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever.

*All:* ***Amen.***

## PEACE — *Please stand*

*Celebrant:* The Peace of the LORD be always with you.

*All:* **And with thy Spirit.**

*Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying: "Peace be with you."*

## OFFERTORY SENTENCE — *Please stand*

Let us with gladness present the offerings and oblations of our life and labor to the LORD.

*A collection will be taken during the Offertory. Anyone who would like to make their contribution digitally (e.g. via credit card) may do so by scanning the QR code on the back cover.*

## OFFERTORY ANTHEM — *Please be seated*

*All Saints' Choir*

**The Eyes of All Wait Upon Thee**     Jean Berger

The eyes of all wait upon thee;  
and thou givest them their meat in due season.

Thou openest thine hand and  
satisfiest the desire of every living thing.

The eyes of all wait upon thee;  
and thou givest them their meat in due season

The eyes of all wait upon thee.

## THE OFFERTORY PRAYER — *Please stand*

LORD, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

*All:* ***Amen.***

# OFFERTORY HYMN

Old 124th

1 We will ex - tol you, ev - er - bless - ed Lord; your ho - ly  
2 Age shall to age pass on the end - less song, tell - ing the  
3 You, Lord, are gra - cious, mer - ci - ful to all, close to your

Name for ev - er be a - dored; each day we live our  
won - ders which to you be - long, your might - y acts with  
chil - dren when on you they call; and slow to an - ger,

psalm to you we raise; you, God and King, are wor - thy of all  
joy and fear re - late; praise we your glo - ry while on you we  
mer - ci - ful and kind, in your com - pas - sion we your bless - ings

praise, great and un - search - a - ble in all your ways.  
wait, glad in the know - ledge of your love so great.  
find. We love you with our heart and strength and mind.

*The first stanza may be repeated at the end.*

Words: J. Nichol Grieve, alt.; para. of Psalm 145

Music: Old 124th, melody from *Pseaumes octante trois de David*, 1551;  
harm. Charles Winfred Douglas (1867-1944)

# LITURGY OF THE HOLY EUCHARIST — *Please stand*

Pray Brethren,  
that this my sacrifice and yours may be acceptable to God,  
the Almighty Father.

*All:* **May the LORD receive the sacrifice at thy hands,  
to the praise and glory of His Name,  
to our benefit and that of all His Holy Church.**

## EUCHARISTIC PRAYER

The LORD be with you.

*All:* **And with thy spirit.**  
Lift up your hearts.

*All:* **We lift them up unto the LORD.**

Let us give thanks unto our LORD God.

*All:* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O LORD, Holy Father, Almighty, everlasting God.

Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

## SANCTUS ET BENEDICTUS (*Hymnal #711*)

*All sing:* **Holy, Holy, Holy, LORD God of Hosts:**

**Heaven and earth are full of thy glory.  
Glory be to thee, O LORD Most High.**

**+ Blessed is He that cometh in the name of the LORD.  
Hosanna in the highest.**

## PRAYER OF CONSECRATION — *Please kneel*

All glory be to thee, O LORD our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O LORD and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O LORD, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction;+ and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our LORD;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All: *Amen.*

## THE LORD'S PRAYER *(Hymnal #722)*

And now, as our Savior Christ hath taught us, we are bold to say:

All sing:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. *Amen.***

# THE BREAKING OF BREAD

Alleluia. Christ our Passover is sacrificed for us;

*All:* Therefore let us keep the feast. Alleluia!

## AGNUS DEI *(Hymnal #712)*

*All sing:* O Lamb of God,  
that takest away the sins of the world,  
have mercy upon us.

O Lamb of God,  
that takest away the sins of the world,  
have mercy upon us.

O Lamb of God,  
that takest away the sins of the world,  
grant us thy peace.

## PRAYER OF HUMBLE ACCESS

*All:* We do not presume to come to this thy Table,  
O merciful Lord, trusting in our own righteousness,  
but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs  
under thy Table.

But thou art the same Lord whose property  
is always to have mercy.

Grant us therefore, gracious Lord,  
so to eat the flesh of thy dear Son Jesus Christ,

And to drink his blood,  
that we may evermore dwell in him and he in us. *Amen.*

# THE INVITATION

Behold the Lamb of God, +  
behold Him that taketh away the sins of the world.

**All:** LORD, I am not worthy that thou shouldest come under my roof,  
but speak the word only, and my soul shall be healed.

*All baptized Christians are invited to come forward for communion.*

*Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.*

## COMMUNION HYMN — *Please kneel*

### St. Peter

1 How sweet the Name of Je - sus sounds in a be - liev - er's ear!  
2 It makes the wound - ed spi - rit whole, and calms the trou - bled breast;  
3 Dear Name, the rock on which I build, my shield and hid - ing - place,  
4 O Je - sus! Shep - herd, Guard - ian, Friend, O Pro - phet, Priest, and King,  
\*5 Weak is the ef - fort of my heart, and cold my warm - est thought;

1 It soothes our sor - rows, heals our wounds, and drives a - way our fear.  
2 'tis man - na to the hun - gry soul, and to the wea - ry, rest.  
3 my nev - er - fail - ing trea - sury, filled with bound - less stores of grace!  
4 my Lord, my Life, my Way, my End, ac - cept the praise I bring.  
5 but when I see thee as thou art, I'll praise thee as I ought.

Words: John Newton (1725-1807), alt.

Music: St. Peter, Alexander Robert Reinagle (1799-1877)

## PRAYER FOR SPIRITUAL COMMUNION

*I believe that Thou art truly present in the Holy Sacrament,  
and since I cannot at this time receive communion,  
I pray Thee to come into my heart.*

*I unite myself with Thee and embrace Thee with all  
my heart, my soul, and my mind.*

*Let nothing separate me from Thee;  
let me serve Thee in this life until, by Thy grace,  
I come to Thy glorious kingdom and unending peace.*

*Amen.*

## POST-COMMUNION PRAYER — *Please kneel*

Almighty and everliving God,

All: We most heartily thank Thee  
for that Thou dost feed us,  
in these Holy mysteries,  
with the spiritual food of the most precious  
Body and Blood of Thy Son our Savior Jesus Christ;

And dost assure us thereby of Thy favor  
and goodness towards us;

And that we are very members incorporate  
in the mystical body of Thy Son,  
the blessed company of all faithful people;

And are also heirs, through hope,  
of Thy everlasting kingdom.

And we humbly beseech Thee, O heavenly Father,  
so to assist us with Thy grace,  
that we may continue in that Holy fellowship,  
and do all such good works as Thou  
hast prepared for us to walk in;

Through Jesus Christ our Lord,  
to whom, with Thee and the Holy Ghost,  
be all honor and glory,  
world without end. *Amen.*

## THE BENEDICTION

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord;

And the blessing of God Almighty +, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

All: *Amen.*

## NOTICES — *Please be seated*

### **Birthday Prayer**

Many happy returns of the day of thy birth,  
may seasons of joy be given.  
May God in his mercy prepare you on earth  
for a beautiful birthday in Heaven. *Amen.*

### **Anniversary Prayer**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## THE ANGELUS — *Please stand*

The Angel of the LORD brought the tidings to Mary:

*All:* **And she conceived by the Holy Ghost.**

**Hail Mary, full of grace, the LORD is with thee.**

**Blessed art thou amongst women,  
and blessed is the fruit of thy womb Jesus.**

**Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. *Amen.***

Behold the handmaid of the LORD:

*All:* **Be it unto me according to thy word.**

*The Hail Mary is repeated.*

And the Word was made flesh.

*All:* **And dwelt among us.**

*The Hail Mary is repeated.*

Pray for us, O holy Mother of God.

*All:* **That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech thee O LORD, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

*All:* ***Amen.***

## DISMISSAL

Let us go forth in the name of Christ. Alleluia! Alleluia!

*All:* **Thanks be to God. Alleluia! Alleluia!**

## RECESSIONAL HYMN — *Please stand*

Hyfrydol

1 Love di - vine, all loves ex - cell - ing, joy of heaven, to  
2 Come, al - might - y to de - liv - er, let us all thy  
3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy  
life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -  
let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,  
 more thy tem - ples leave. Thee we would be al - way bless - ing,  
 ly re - stored in thee: changed from glo - ry in - to glo - ry,

pure, un - bound - ed love thou art; vis - it us with  
 serve thee as thy hosts a - bove, pray, and praise thee  
 till in heaven we take our place, till we cast our

thy sal - va - tion, en - ter ev - ery trem - bling heart.  
 with - out ceas - ing, glo - ry in thy per - fect love.  
 crowns be - fore thee, lost in won - der, love, and praise.

Words: Charles Wesley (1707-1788)

Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887)

## ORGAN POSTLUDE

Praise God from Whom All Blessings Flow      Karrin Ford

# PARISH NOTICES

## ALL SAINTS' MASSES & GATHERINGS

- **Every Sunday:** 10:00 AM – Mass  
On Sundays we continue worshipping in our historic church. The Sunday service will be on Zoom.
- **Every Tuesday:** 12:00 PM, Noon – Mass (St. Mary Chapel)  
Our next monthly “First Tuesday” will take place this Tuesday, **July 7th**, with Rosary starting at 11:15 AM! It will be followed by Mass at noon and an informal potluck in the library; all are welcome to some or all of it! Further details on the potluck can be found later in the Parish Notices (p. 29).
- **Every Thursday:** 1:00 PM – Devotional Service  
There is a short devotional service in the Rector's office, followed by a Bible study session based on one of the readings for the Sunday of that week. Join us either in person or via Zoom; find the link to join these sessions in our weekly digital newsletter; you can also enter the link below into your web browser:

<https://us02web.zoom.us/j/87935063092?pwd=SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09>

## SPECIAL CLASSES AND PROGRAMS

- **Christian Formation and First Communion Instruction for Children Ages 5–12**  
Sundays from 10:00 AM to 10:45 AM in the Parish Hall, taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at [info@allsaintschurch.org](mailto:info@allsaintschurch.org).
- **Christian Formation – Book Study**  
On the Sunday of July 14, we will be continuing our book from the Lenten season, “*The Screwtape Letters*” by C.S. Lewis; see the next few pages (p. 25, 26) for more details on this book!

# PARISH NOTICES

## CHRISTIAN FORMATION FOR ADULTS

### The Screwtape Letters, by C.S. Lewis

*“Join us this in a journey through one of the most engaging Christian books ever written... A book that doesn’t just tell you what temptation is – it shows you how it works.”*

Each letter opens a window into the spiritual life that’s accessible, reflective, and deeply pertinent in our day-to-day living.

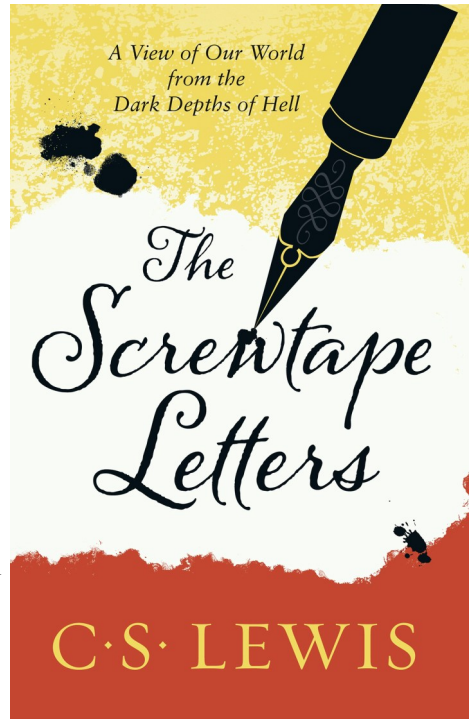
This study isn’t just about “demons and temptation” – it’s really about understanding our hearts and how God pursues us even in the ordinary moments.

#### Why *The Screwtape Letters* Matters

*The Screwtape Letters* is a brilliantly written Christian classic in which C.S. Lewis lets a senior demon teach a junior tempter how to lure a human away from the Enemy – that’s God. Through satire and reversal, Lewis invites us to see spiritual struggle from a fresh, often humorous angle.

Rather than a typical sermon or theological treatise, it’s a set of 31 fictional letters full of psychological insight, moral challenge, and sharp spiritual wisdom – cleverly disguised as advice from Hell’s perspective.

Lewis’ use of irony – calling God “the Enemy” and demons’ tactics “wise counsel” – helps us recognize frequently overlooked temptations: complacency, pride, distraction, and subtle self-deception.



# PARISH NOTICES

## A Little Flavor from the Book

In his letters, Screwtape urges Wormwood to keep the Patient focused on vanity, boredom, fear, and self-absorption – because the daily battles are the ones that matter most.

One of the most quoted insights is:

*“The safest road to Hell is the gradual one – the gentle slope, soft underfoot, without sudden turnings, without milestones...”*

It gets you thinking about how small choices shape your spiritual life

## Who Is This For?

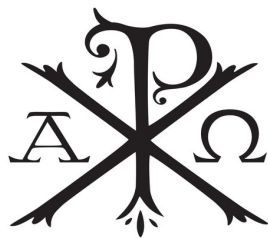
- Curious seekers who want to understand spiritual temptation in a new way,
- Long-time believers who crave fresh reflection during Lent,
- Anyone who’s ever wondered why everyday life sometimes feels spiritually tricky.

## Study Format Snapshot

We’ll meet on the second and fourth Sunday of each month in the library at 12:00 PM during Lent and beyond, continuing next Sunday, July 14th.

Each session will explore a set of 3 chapters together – mixing conversation, prayer, and insight. No prior C.S. Lewis familiarity is required – just an open heart and a desire to grow in faith!

(For those of you who do not attend in person regularly, but would like to join us in the study sessions, there is an opportunity to join us via Zoom; find the link to join on the first few pages of the Parish Notices (p. 24)).



# PARISH NOTICES

## OUR STEWARDSHIP



The Stewardship Committee will meet via Zoom at 6:30 PM on Tuesday, July 7 to begin planning for the annual Fall Pledge Drive. All parishioners are invited to participate in this meeting and offer suggestions for the stewardship theme and stewardship scripture for 2026.

Please contact Business Administrator Theresa Krist ([finance@allsaintschurch.org](mailto:finance@allsaintschurch.org)) or Treasurer Ed Heck ([edheck46@gmail.com](mailto:edheck46@gmail.com)) if you would like to receive the link for this Zoom meeting.

## SOCIAL ACTION UPDATE

We have entered the season of Pentecost! Filled with the Holy Spirit, we too can spread the gift of eternal life! However, we also need to remain aware of our neighbors on the streets with no housing or guarantee of a meal. We are called to spread the gift of mortal life through acts of charity - including the work of this Social Action Committee.

Your help is needed by providing new sweat-pants in sizes M, L, XL for homeless patients at the Scripps-Mercy ER.



Any donation of non-perishable foods put in the wagon for our local food banks is wonderful.

Any financial donation earmarked for SAC is always welcome also.

Thank you for manifesting Jesus to the benefit of our less fortunate neighbors! Your faithful generosity is always appreciated . . .

Your Social Action Committee

# PARISH NOTICES

## EUCCHARISTIC VISITOR MINISTRY

We are in need of more Lay Eucharistic Visitors (LEVs)! Under Father Carlos, the ministry of LEV has been revived at All Saints' Church. They go out after Sunday Mass and Tuesday Mass, doing no more than two visits a day. There are currently only three LEVs but many more parishioners in need of their ministry. We would like to serve more of our shut-ins in a timely manner. Help would be greatly appreciated!

Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament "in a timely manner" to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.



If you would like to add a name to the list of those to be visited, please contact Fr. Carlos or Ed Heck:  
([rector@allsaintschurch.org](mailto:rector@allsaintschurch.org))  
([edheck46@gmail.com](mailto:edheck46@gmail.com)).

## CHRISTIAN FORMATION FOR CHILDREN

Sundays from 10:00 to 10:45 AM



Christian Formation and First Communion Instruction for Children Ages 5-12 in the Parish Hall, taught by Lucretia Locke.

For registration, call (619) 298-7729, or email us at [info@allsaintschurch.org](mailto:info@allsaintschurch.org).

**Formación Cristiana y clases de Primera Comunión para niños y niñas**

(de 5 a 12 años)

Domingos de 10 a 10:45 AM, en el salón parroquial.

A cargo de Lucretia Locke.

Para la matrícula llame al (619) 298-7729

o envíenos un correo electrónico a esta dirección:

[info@allsaintschurch.org](mailto:info@allsaintschurch.org).

# PARISH NOTICES

## FIRST TUESDAY: ROSARY & MASS

For **July 7th**, the informal potluck will be held in the library, following the Rosary.

Please consider contributing something according to the following guidelines:

<b>Last Name</b>	<b>Contribution</b>
A-G	Dessert
H-O	Main Dish
P-Z	Salad

## SAFE CHURCH, SAFE COMMUNITY

Our diocese offers the following information for everyone regarding any sort of misconduct within the church community:

### REPORTING MISCONDUCT

The Episcopal Diocese of San Diego considers the reporting and investigation of misconduct to be of critical importance. Reporting enables the diocese to protect the complainant, the respondent, and the larger community. It also allows the diocese to assist with the spiritual, psychological, and emotional needs of all concerned during and after the report of misconduct.

To learn more, please visit [edsd.org/safe-church-safe-communities/reporting-misconduct/](https://edsd.org/safe-church-safe-communities/reporting-misconduct/)

# ALL SAINTS' EPISCOPAL CHURCH



625 Pennsylvania Avenue  
San Diego, CA 92103-4321  
Office Hours: Mon. - Fri, 9:00 AM - 3:00 PM

Phone: (619) 298-7729

Fax: (619) 298-7801

Email: [info@allsaintschurch.org](mailto:info@allsaintschurch.org)

Website: [www.allsaintschurch.org](http://www.allsaintschurch.org)

**Rector:** The Rev. Carlos E. Expósito [rector@allsaintschurch.org](mailto:rector@allsaintschurch.org)

If you would like to contact the **Episcopal Diocese of San Diego**, visit their website at [edsd.org](http://edsd.org)

## PARISH STAFF

### Parish Administrator

Mr. Renzo C. Seguin  
[administrator@allsaintschurch.org](mailto:administrator@allsaintschurch.org)

### Business Administrator

Mrs. Theresa Krist  
[finance@allsaintschurch.org](mailto:finance@allsaintschurch.org)

## MUSIC

### Organist & Choirmaster

Robert MacLeod

**Soprano:** Emily Ortlieb

**Alto:** Maya Goell

**Tenor:** Dennis Williams

**Baritone:** John White

*During the Offertory, you may make your contribution digitally (e.g. via credit card) by scanning the following QR code:*



## ALL SAINTS' VESTRY

### Sr. Warden

Mx. Barbara Wilder

### Jr. Warden / Clerk

Ms. Emily Ortlieb

### Treasurer

Mr. Ed Heck

### Facilities Liaison

Mr. Cree Craig

Mrs. Lynette Blakney

Mr. Gary Beyer

Ms. Tanya Tatem

Mr. Ted Crittenden

Ms. Jeanne Gahagan

Mr. John Blumeyer

Mr. Michael Lockridge

Mr. Karl Jørgensen

Ms. Dinora Barragan

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